

Sherry Burcham Anderson 5K Run and Walk
Sponsored by the Harrisonburg Education Foundation

MAY 15, 2010



**HARRISONBURG
HIGH SCHOOL**
1001 Garbers Church Rd.
Harrisonburg, VA

Race Registration

Entry Fees

On or before April 10, 2010
\$20 for adults
\$15 for children age 12 and under

After April 10, 2010
\$25 for adults
\$20 for children 12 and under

Entries received before April 10, 2010 will receive an official race t-shirt.

Pre-registration and packet pick up will be held on May 14, 2010 at Harrisonburg High School, 1001 Garbers Church Road from 5-7:00pm. Race Day registrations will begin at 7:30am on race day. *To eliminate large crowds we suggest that you pre-register and attend the packet pick up on May 14, 2010.*

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

(Please Check) MALE FEMALE Age on race day: ____

Shirt Size Women's (S) Women's (M) Women's (L) Women's (XL)

Men's (S) Men's (M) Men's (L) Men's (XL)

Please make checks payable to and mail to:
Harrisonburg Education Foundation
317 S. Main Street
Harrisonburg, VA 22801

I know that running/walking a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this run. I assume all risks associated with this event, but not limited to: Falls, contact with other participants, the effects of weather, including water, ice or snow on the road, traffic and the conditions of the road, all such risks, being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release The Harrisonburg Education Foundation and the City of Harrisonburg from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purpose.

Signature (parent or guardian under 18) _____ Date: _____

For updates on schedule and important race info go to: www.harrisonburgeducationfoundation.org